

The INDEED project as a model for transnational collaboration in digital learning

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Danube Transnational Programme

INDEED

**The INDEED project is co-funded by
European Union funds (ERDF, IPA, ENI)**

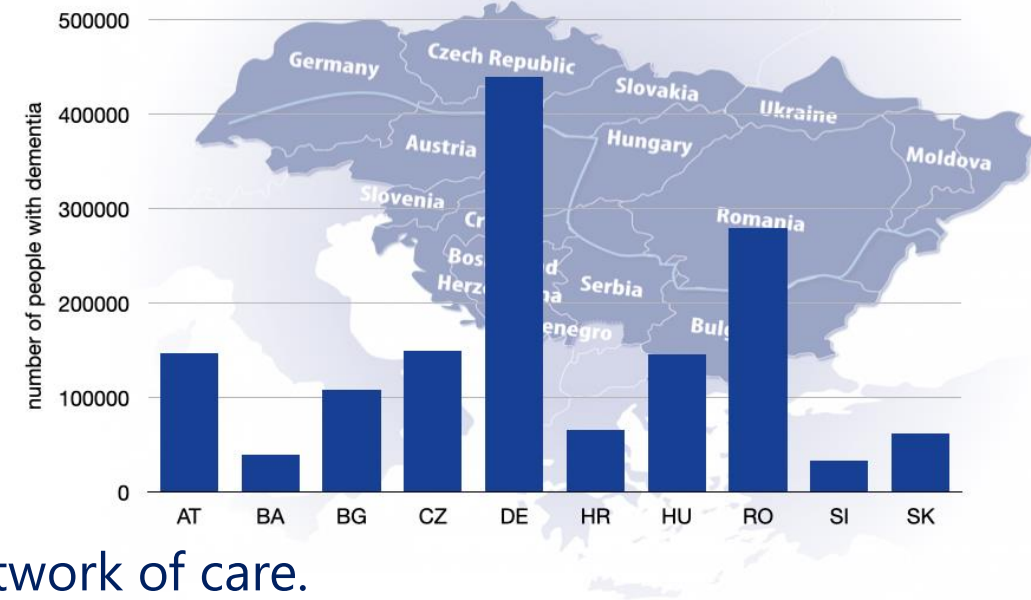


INDEED – Innovation for Dementia in the Danube Region




Dementia is one of the top health and social challenges across Europe.


- In most cases dementia is caused by incurable brain diseases that mainly affect older adults.
- Dementia has a dramatic impact on individuals, families and carers.
- Optimal dementia care involves various occupations: doctors, nurses, psychologists, occupational/physical/speech therapists, social workers.
- These occupational groups should have a joint understanding of dementia and cooperate in a network of care.



Project idea



Interreg
Danube Transnational Programme
INDEED



**Innovation for Dementia
in the Danube Region**

www.interreg-danube.eu/indeed
Danube
Transnational
Programme


Budget: 1 726 514,27€	Start date 01-07-2018
Call number: Call 2	End date 30-06-2021

Project co-funded by the European Regional Development Fund (ERDF) and the Instrument for Pre-Accession Assistance (IPA)


INDEED aims at three gaps in dementia care:

- Low knowledge and skills about dementia among professionals
- Insufficient collaboration among professions
- Lack of dementia-specific services and facilities (e.g. day care centres, meal on wheel services, special care units in nursing homes)

Project idea



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INDEED is:

- **a collaborative, transnational initiative**
- to improve dementia care
- to contribute to the development of national dementia plans
- by developing and piloting an online learning course about dementia for different professional groups
- co-funded by European Union funds (ERDF, IPA, ENI)

Results

- Multilingual online learning course
 - BG, RO, SK, SI and EN languages
 - freely accessible, self-paced, approx. 2 hours overall
 - addressing various occupational groups
 - complementing existing trainings
- 16 workshops for promoting the online course and piloting a blended-learning approach

Results

Online course with three modules

CAMPUS

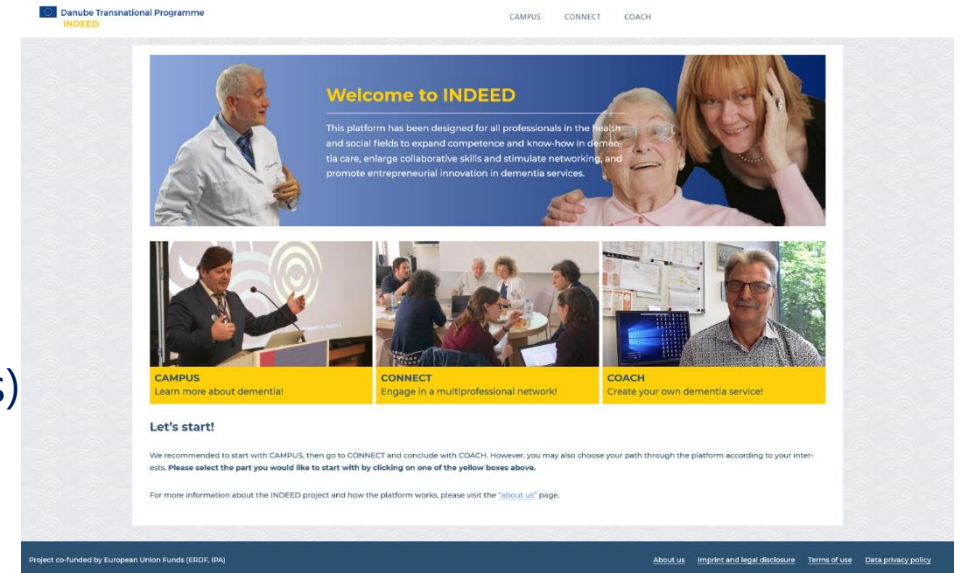
(providing knowledge and skills - high quality information on symptoms, causes, timely diagnosis and treatment options)

CONNECT

(promoting collaboration)

COACH

(stimulates entrepreneurial innovation in dementia care - promoting entrepreneurial activity regarding services for people with dementia)



Slovenian <https://vseodemenci.si/>

English www.indeed-project.eu

Romanian <https://indeed-project.ro/>

Course didactics

The course makes use of various media formats:

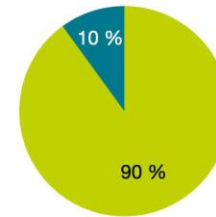
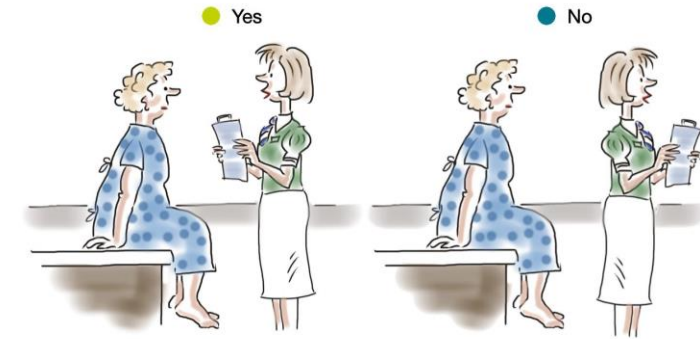
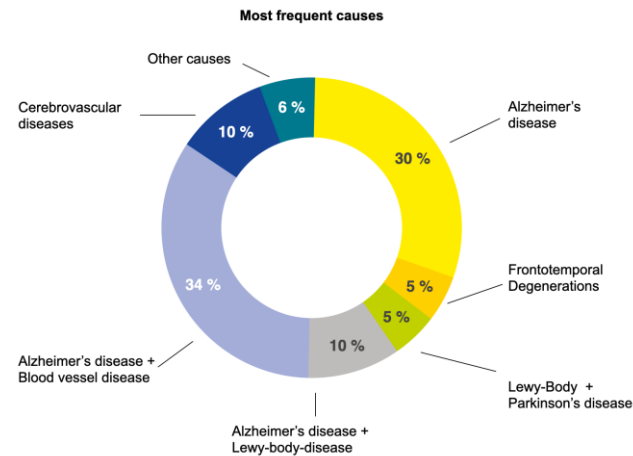
- animated videos,
- interviews,
- quizzes and
- infographics

The screenshot displays the 'Danube Transnational Programme INDEED' website. At the top, there are navigation links: 'CAMPUS', 'CONNECT', and 'COACH'. Below these, a horizontal menu bar contains three main sections: 'UNDERSTANDING DEMENTIA', 'RECOGNISING DEMENTIA', and 'TREATING DEMENTIA'. Under 'UNDERSTANDING DEMENTIA', there are sub-links: 'Outline of dementia', 'Normal ageing and dementia', 'Causes', 'Faces and stages', and 'Personal impact of dementia'. The main content area is titled 'Understanding Dementia' and includes a paragraph: 'Looking at dementia through the eyes of people involved you will understand why your work as a health or social care professional is so important for them and for their carers.' Below this, it says 'Enjoy the case example in the video below!'. The video player shows an illustration of an elderly woman, Ms Novak, in a living room. The text overlay on the video reads: 'A day in the life of Ms Novak. A day in the life of Ms Novak starts with a supposedly simple task: *preparing lunch.* However, Ms Novak will demonstrate that preparing a meal is not a simple task at all from the perspective of a person with dementia.' At the bottom of the video player, there is a line of text: 'You may continue with an [outline of dementia](#), refresh your knowledge on [distinguishing dementia from "normal ageing"](#), review [causes](#), [faces and stages](#) or explore the [personal impact of dementia](#).' The footer of the page contains the text 'Project co-funded by European Union Funds (ERDF, IPA)' and several links: 'About us', 'Imprint and legal disclosure', 'Terms of use', and 'Data privacy policy'.

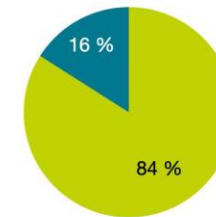
Course didactics

The course features:

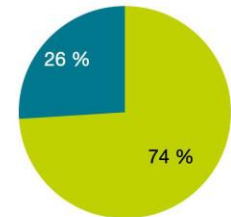
- a consistent design
- Case examples,
- quizzes and
- infographics



People without cognitive impairment



People with mild dementia



Family carers on disclosure to person with dementia

Quiz

To move to the next question (5 questions in total), please click on the blue arrow at the bottom right.

Removal of which substance from the brain is used in the treatment of Alzheimer Dementia:

Acetylcholine

✓ Amyloid

Iron

1/1

Drugs help Mr Horvat stabilising his mental performance.

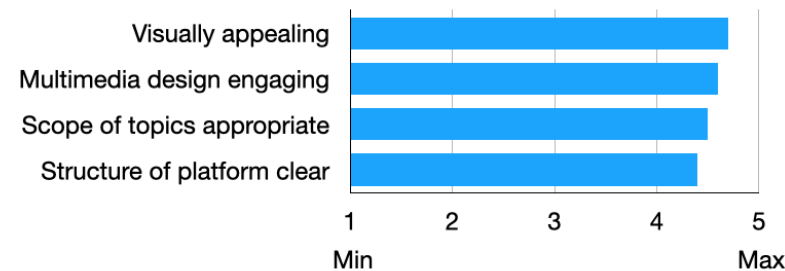
This way, his short-term memory and communication capacity can be maintained to a large extent.



Course evaluation

The course was piloted from September 2020 to January 2021:

- Excellent feedback from 120 participants at virtual workshops



- by June 2021, 693 individual users had enrolled the EN, BG, RO, SK and SI course
- the course is currently being adapted and further refined to meet national requirements

Lessons learned

- Less content is more
- Alternating different media formats (videos, quizzes...) is appreciated by users
- The launch of the platform was successfully disseminated with support of the EUSDR Strategy Point and the EUSDR priority areas
- Digital tools for online learning have a huge potential in vocational education and training
- Piloting the platform for use in student teaching opened up new opportunities.



Danube Transnational Programme

INDEED

www.interreg-danube.eu/approved-projects/indeed
www.indeed-project.eu

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The background is a solid dark blue. In the top-left corner, there is a cluster of geometric shapes: a yellow semi-circle, a blue triangle, a white semi-circle, and a 4x4 white checkerboard pattern. In the bottom-left corner, there is another cluster: a yellow semi-circle, a blue square, a white square, and a yellow diamond. In the bottom-right corner, there is a large, complex arrangement of shapes including a 4x4 white checkerboard pattern, a blue square, a white square, a yellow circle, a blue circle, and a white circle. The text "Thank you for your attention" is centered in the middle of the image in a white, bold, sans-serif font.

**Thank you for your
attention**